

JANE BROWN
Executive Director

## **Stages of Development**

## Birth to six months

- Sleeps an average of 15 hours per day
- · Able to track objects by sight and sound
- · Begins to smile, later laughs out loud
- Loves bright and contrasting colors
- Able to lift head; later able to support head on own
- Rolls over on own
- Primary source of nutrition is breast milk or formula
- · Reaches and touches things
- Makes babbling or gurgling sounds

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